

LESSON NO. 5

DISCIPLESHIP WITH PASSION

DISCIPLESHIP
LESSONS FOR
YOUNG ADULTS

FRUIT OF
THE SPIRIT

 **vangelism**
mesoamerica


Mesoamerica

LESSON NO. 5

FRUIT OF THE SPIRIT

REV. LUIS FLORES

Biblical Basis: Galatians 6:22-23

Text to memorize: Colossians 1:10

PURPOSE

To make a brief description of each of the qualities of the fruit, to use them as part of a holy life.

REAL LIFE STORY

At the M-7 conference in Kansas City in February 2007, one of the main speakers captured the audience's attention with these shocking words "Don't go and make disciples, I'll say it again, please don't go and make disciples." After a dramatic pause, he added, "Until you have been filled with the Holy Spirit." He went on to explain that we have enough carnal Christians reproducing themselves. (*Beyond Sunday. Woodie Stevens, 2008, p.95*)

The reflection reached by the lecturer "there are enough carnal Christians" is alarming, based on the reading of the lifestyle that a good percentage of Christians lead, this reflection can be supported. Even Paul in Galatians chapter 5 starts from a dualism of the flesh and the Spirit, being so that verses in themselves describe what he calls the works of the flesh, when the believer is not guided by the Spirit. He then presents the opportunity that a child of God has to be filled with the fruit of the Spirit, describing in qualities that come to form the Christian life (v. 22-23).



WHAT DOES THE SCRIPTURE SAY?

The apostle Paul writes to the Church of Galatia “But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law”. Telling them that they have the blessing of working for the qualities that the Spirit brings to every Christian, by deciding to be guided towards an unmatched lifestyle.

What is Paul's request in Galatians 5:1?

Mention a minimum of 5 works of the flesh, according to Galatians 5:19-21.

"So that you may live a life worthy of the Lord and please Him in every way: bearing fruit in every good work, growing in the knowledge of God."

- Colossians 1:10



WHAT IS THE FRUIT OF THE SPIRIT?

Now we will develop the characteristics of the fruit of the Holy Spirit, they should not be seen as separate in the life of the believer, they are united and go together as an essence of a Christian. Just as everything is complete, the fruit of the Spirit is complete to perfect them, but if one of these is missing, it is because the Holy Spirit does not dwell in the believer. (Matthew 7:17)

Love: It means affection, goodwill, benevolence, affectionate spirit. "The ability, power, and determination to love people we don't love." Love extends and manifests itself to the other characteristics of the Spirit, it is a God's gift, it is an attribute of God because God is love (1 John 4:8).

Joy: It brings happiness, rejoicing. It has to do with the permanent happiness of the person who has believed in Christ (Acts 8:39).

Peace: Quality of Christian character that represents total well-being, which implies tranquility, serenity of spirit. The emphasis is the peace of God (Shalom), with oneself and with others (John 14:27).

Patience: It means mildness, indulgence. When there is patience there is determination, conviction, and perseverance (James 6:7:8).

Kindness: It is courtesy, goodness, integrity, and excellence of character towards others. (Colossians 3:12).

Goodness: It implies benevolence, rectitude, generosity. It is showing love with deeds to others. Goodness is that which drives us to repentance from a wicked heart. (Exodus 33:19).

Faithfulness: It means fidelity, trust, honesty. It is an ethical virtue that distinguishes the Christian in his relationships and experiences.

Gentleness: It is understood as kindness, affability, friendship. Gentleness endures discomfort, this fruit can be manifested when one is totally surrendered to God.

Self-control: It means calmness, known as self-control.

How do you get the fruit of the Spirit? When sin is dead, the new life begins, obtaining more and more of the fruit of the Spirit, through obedience to the Spirit, through walking in the Spirit.

Obtaining the fruit of the Spirit is a continuous process: Something must die, to give place to the divine nature. As the flesh dies, it will have better thoughts, better actions, and it can become fairer and holier. (2 Peter 1:3-9)

What steps would you take to have the fruit of the Spirit?

BIBLICAL SUPPORT



Describe the fruit of the Spirit, according to Galatians 5:22-23.

According to Psalm 1:3, the tree planted by streams of water achieves three things:

Matthew 7:16. By their fruit _____ . Do people pick _____ ?

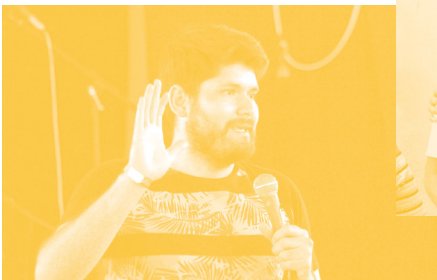
Isaiah 57:19. Creating _____

In Luke 3:8, what kind of fruit does John the Baptist request?

According to Luke 6:44, by what can a tree or a person be known?

Matthew 13:8. Still other seed fell _____ , where it produced _____ , a hundred, _____

John 15:5. I am the vine; you are the branches. If you remain in me and I in you,





REFLECTION

At this point you have a knowledge and learning about the fruit of the Spirit, you can describe with your words:

What is the fruit of the Spirit?

Why do you think it is so important to have the fruit of the Spirit in your life?

The fruit of the Spirit is provided by God and developed by the Holy Spirit, in the lives of those who were saved and now enjoy initial holiness. Through the virtues we know that Jesus is being formed in each believer, shows the potential Christian life, and serves as a testimony to friends of what God does with those He has saved.

Ephesians 4:15. Instead, speaking the truth in love, _____



PRACTICE

What benefits do you think you will get for your Christian life by having the fruit of the Spirit?

Of the nine virtues, which ones do you need more of?

In what ways would you present others the fruit of the Spirit?

How would you use faithfulness, patience, and kindness in your daily living?

Congratulations you have finished the first level of your discipleship and you are ready to continue your training through the following levels. God has been very merciful to your life as He saved you, regenerated you, adopted you, justified you, and has given you initial holiness.

Now you know that you must overcome the flesh and strive to achieve the fruit of the Spirit, so that you continue growing and enjoying the company of God.

What was the learning that you obtained in the whole process?

How will you apply everything you have learned to your daily life?
