

LESSON NO. 2

DISCIPLESHIP WITH PASSION

DISCIPLESHIP
LESSONS FOR
YOUNG ADULTS

NEW
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BIRTH
BIRTH



LESSON NO. 2

NEW BIRTH

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Biblical Basis: John 3:1-13

Text to memorize: 2 Corinthians 5:17

PURPOSE

To make an approach to the statement "born again", so that people can know that their lives have started from scratch, with all the opportunities to do new things.

REAL LIFE STORY

Many people believe that God is the Father of all humanity, but this is not true, only those who belong to the family of Christ have God as Father. After conversion, you have to be born again!

In the Gospel of John, chapter 3, Jesus declared to Nicodemus the absolute need to be born again, that is, of the Spirit of God, there is no other way to become a child of God. Like Nicodemus, every new convert has great doubts regarding the new birth, so, following the example of Nicodemus, you need to get closer to Jesus, so that, through His Word, He exposes what it is to be born again.

Juan Manuel had been an alcoholic for almost 20 years, he had lost his home, he was homeless and fed from the city's garbage dumps. One day he was invited by his friend Roberto to visit a church, that night Juan Manuel gave his life to the Lord, the Holy Spirit began to work in his life making him a new person. In this change of life, he gave up alcohol, got a job, reconciled with his wife, and recovered his home. Juan Manuel once told this testimony in the church; "I don't know if God makes changes in people's lives, but before in my life there was loneliness, liquor and perdition, nowadays there is happiness, I have a home and God's provision abounds at my table."

WHAT DOES THE SCRIPTURE SAY?

Being born again does not mean a physical rebirth, it is something spiritual, a supernatural act of God when His Holy Spirit convinces us of evil and gives us new life.

Are not known exactly the causes that led to Nicodemus arriving at night to talk with Jesus, perhaps he thought that Jesus could provide him with a new teaching to help him better understand the Scriptures, the reality is that he needed to be born again!

I invite you to read the passage from John and answer the following questions according to the corresponding text:

According to John 3:1, who was Nicodemus?

According to John 3:4, what questions did Nicodemus ask Jesus?

According to John 3:5-6, what responses did Jesus give Nicodemus?

With the answers that Jesus gave Nicodemus, how do you explain being born again?

“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!”

- 2 Corinthians 5:17



WHAT IS THE NEW BIRTH?

The synonym for 'New Birth' is 'Regeneration'. The word 'Regeneration' means 'to create again', it is a reference to the act by which fallen man is internally created again to a condition that allows him to have communion with God.

The only requirement to be born again is faith in Christ, it is the work of the Holy Spirit. No one can be born again without hearing and believing the Word of God, and without the participation of the Holy Spirit.

In easy words "it is a moral change, like a restoration where the new believer passed from spiritual death to life." For Antonio Hoekema to be born again is; "The act by which the sinner receives 'spiritual life' through the sovereign grace of God and by the special work of the Holy Spirit so that he may understand and discern the spiritual things of God."

Write in your words, what is it to be born again?

What is the role of the Holy Spirit at this stage?



BIBLICAL SUPPORT



Read 1 Peter 1:3 and complete the verse: Praise be to the God and Father of our Lord Jesus Christ! In His great mercy _____

According to Titus 3:5, Jesus saves us, not because of righteous things we had done, but because of His _____

Write James 1:18 literally.

Your new birth was not given by natural descent, nor by human will.

According to John 1:13, was by _____ will.

Ephesians 2:10. For we are _____, created in Christ Jesus to _____, which God prepared in advance _____

According to John 3:5, who cannot enter the kingdom of God?





REFLECTION

What do you think now that you know that you have been born again?

What have you experienced with your new birth?

Now that God, through His grace, has caused you to be born again, what do you think He expects from your new life?

Now you are part of God's spiritual family, Jesus has saved you and the Holy Spirit is in you. You have all the spiritual support, and you are a new creature.

2 Corinthians 5:17. Therefore, _____,
the new creation has come: The old _____, _____ is here!



PRACTICE

The benefits that you obtained in your conversion are: salvation, new creature, and friend of God.

What actions will you take to help your conversion?

What changes can you expect from your conversion?

How could you help others who are in your same old condition?

What will be your small steps to model Jesus as your Lord?

God is so wonderful and full of love that He created a whole plan of salvation so that after conversion a spiritual journey begins, which is a process of life improvement, helping you to increase your relationship with Jesus every day, to enjoy His company, to grow and to mature spiritually. But all of this begins with the first step, which is conversion to Christ.

Welcome to the great family of God! The church, your church!